

ROAD RACING & WALKING

Sportable's Road Racing and Running/Walking Program welcomes all paces and abilities, offering wheelchair racing and guided run, jog, and walk opportunities. Whether you're training for fun or a personal best, athletes can prepare for top local races. Join us to meet welcoming, supportive peers and build a community!

EQUIPMENT

Sportable will provide all equipment necessary including:

- V-Frame Racing Wheelchairs can be used in a kneeling or feet-forward position.
- U-Frame Racing Wheelchairs are designed for the user to race in a kneeling position.
- I-Frame Racing Wheelchairs are designed with a footplate and higher set seat for increased ease with transfers.
- Sport Wheelchairs
- Helmets
- Gloves



V-FRAME RACING CHAIR



U-FRAME RACING CHAIR



I-FRAME RACING CHAIR

HOW IT WORKS

- If needed, Sportable staff and trained volunteers will assist you in transferring into a racing wheelchair adapted to your individual needs!
- Train and compete in local races including 8Ks, 10Ks, Half Marathons, and Full Marathons or simply get some added movement in!



JOIN THE FUN

Our athletes participate in road racing and walking with a wide range of diagnoses including, but not limited to:

- Amputation
- Multiple Sclerosis
- Spinal Cord Injury
- Cerebral Palsy
- Visual Impairments
- Post CVA (Stroke)
- Spinal Muscular Atrophy
- Osteogenesis Imperfecta

COMMON ADAPTATIONS

- A variety of racing gloves can be utilized to offer better grip and generate more power when pushing.
- Straps and foam pieces can be utilized along for added support to maintain your position in your chair.
- Free Wheel attachments can be attached to sport chairs to offer extra propulsion while navigating various terrains.

